

LUNCH SPECIAL

MON-FRI 12PM - 3PM • EXCLUDES HOLIDAYS

BOILED SEAFOOD

Served with Corn and Potato

SHRIMP (HEAD ON)	9.99
SHRIMP (HEADLESS)	11.99
CLAMS	7.99
GREEN MUSSEL	8.99
BLACK MUSSEL	7.99
SHRIMP (HEADLESS) & BLACK MUSSEL	12.99
SHRIMP (HEADLESS) & CRAWFISH	11.99
SHRIMP (HEADLESS) & SAUSAGE	11.99
SHRIMP (HEADLESS) & SNOW CRAB	19.99



Choose Flavor

Original Cajun / Garlic Butter Seasoning
Fresh Garlic Butter Only / 145 Special (Mix of all)



Heat Level

Mild / Medium / Hot / Extra Hot

LUNCH BASKET

Served with a side of Cajun Fries, Regular Fries, or Sweet Potato Fries.
Substitute in Onion Rings for an additional \$1

FRIED SHRIMP BASKET (6PCS)	8.99
CHICKEN TENDER BASKET (3PCS)	7.99
FRIED TILAPIA BASKET (3PCS)	8.99
FRIED CATFISH BASKET (3PCS)	8.99
FRIED OYSTER BASKET (7PCS)	9.50
CHICKEN WING BASKET (6PCS) <i>Naked or Breaded</i>	8.50

Lemon Pepper, Cajun, BBO, Buffalo, Sweet Thai Chili, Sweet BBO



Choice of Sauce

Tartar / Ranch / Blue Cheese / Marinara
Boom Boom / Cocktail / Honey Mustard



I'm on a Seafood Diet
I see food and I eat it!

At 145°F Seafood, our mission is to provide exceptional quality seafood in a thoughtfully crafted, safe and clean environment. Reminiscent of backyard low-country boils, we encourage community by dining together.

Did you know? The safe and best temperature to cook fish & shellfish is at 145°F degree, and this is where our name comes from. We would love to serve food that is delicious while safe and clean.



PREMIUM



The Future of Tradition

Location

2440 E. HWY 50
CLERMONT, FL 34711

Contact

352.404.7606

Hours of Operation

SUN - THURS 12PM - 9PM
FRI - SAT 12PM - 10PM

Order Online

WWW.145SEAFOOD.COM



@145Fseafood • Follow us for most updated info.
An 18% Gratuity will be added for parties of 6 or more.

APPETIZER



HUSH PUPPIES (10)	4
CORN NUGGETS (12)	4.95
FRIED CHEESE STICKS (6)	6
ONION RINGS (15)	5.5
FRIED CALAMARI (15)	8

RAW OYSTERS	10 (6pcs) / 18 (12pcs)
STEAMED OYSTERS <small>Light / Medium / Welldone</small>	10 (6pcs) / 18 (12pcs)
145 SPECIAL WINGS <small>Tossed w. 145 Special Sauce</small>	6.5 (6pcs) / 11 (12pcs)
CHICKEN WINGS <small>Naked or Breaded</small>	5.5 (6pcs) / 10 (12pcs)

Choose Flavor - BBQ, Buffalo, Cajun, Lemon Pepper, Sweet Thai Chili, Sweet BBQ

SOMETHING FRIED

Served with a side of Cajun Fries, Regular Fries, or Sweet Potato Fries. Substitute in Onion Rings for an additional \$1



FRIED SHRIMP BASKET (8)	12
FRIED TILAPIA BASKET (4)	12
FRIED CATFISH BASKET (4)	12
FRIED OYSTER BASKET (10)	13
CHICKEN TENDER BASKET (4)	11

Choice of Sauce | Tartar / Ranch / Blue Cheese / Marinara / Boom Boom / Cocktail / Honey Mustard

SIDE ORDERS

CORN ON THE COB (3)	2.75	FRENCH FRIES	4
POTATO (3)	2.25	STEAMED RICE	2
BOILED EGG (2)	1.75	EXTRA CONDIMENTS	1
CAJUN FRIES	4	<small>Garlic, Butter, BBQ, Buffalo</small>	
SWEET POTATO FRIES	5	SODA <small>Coke Products</small>	2.5

DESSERTS

CHEESE CAKE 4.99 | FUNNEL CAKE STICKS 4

ENJOY SEAFOOD BY THE POUND

Served with Corn and Potato, with min. of 1 Lb Order

Step 1 - Pick Your Seafood

SHRIMP (HEAD ON)	7.5 (1/2 LB)	15 (1 LB)
GREEN MUSSEL	6.5 (1/2 LB)	13 (1 LB)
BLACK MUSSEL	6 (1/2 LB)	12 (1 LB)
SHRIMP (HEADLESS)	9 (1/2 LB)	18 (1 LB)
SNOW CRAB LEGS	M.P (1 CLST)	M.P (2 CLST)
DUNGENESS	15 (1/2 LB)	30 (1 LB)
CRAW FISH	6 (1/2 LB)	12 (1 LB)
CLAMS	6 (1/2 LB)	12 (1 LB)
KING CRAB LEGS	/	M.P (1 LB)
LOBSTER TAIL (6 OZ)		M.P (EACH)
SAUSAGE	4 (1/2 LB)	8 (1 LB)

Step 2 - Choose a Flavor

			
ORIGINAL CAJUN	GARLIC BUTTER (SEASONING)	FRESH GARLIC BUTTER ONLY	145 SPECIAL (MIX OF ALL)

Step 3 - Choose Heat Level

			
MILD	MEDIUM	HOT	EXTRA HOT

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. An 18% Gratuity will be added for parties of 6 or more.



SEAFOOD COMBO

Served with Corn and Potatoes

- 1 1/2 lb Black Mussels, 1/2 Lb Shrimp (Headless), 1 Cluster of Snow Crab Leg 24.99
- 2 1/2 lb Crawfish, 1/2 Lb Shrimp (Headless), 1 Cluster of Snow Crab Leg 24.99
- 3 1 lb Shrimp (Headless), 1 Cluster of Snow Crab Leg 27.99
- 4 1/2 lb Shrimp (Headless), 2 Clusters of Snow Crab Legs 30.99
- 5 6 oz Lobster Tail, 1/2 Lb Shrimp (Headless), 1 Cluster of Snow Crab Leg 32.99